

MICRO-LEARNING

In summary

The term "micro-learning", which consists of the words *micro* + *learning*, means the granularisation of learning. Micro-learning focusses attention on small and short training units in order to foster the learning process.

What is it?

Micro-learning is a method of educational design that, using the technologies available today, is able to provide training resources consisting of small and short units, which can be recombined into countless training paths that can be used at any time and anywhere. Training resources designed in this manner involve progressing from a single block of contents to many small self-contained bricks that can be combined over and again into infinite aggregations. The key words that guide design using the micro-learning logic are: brevity, agility, synthesis, granularity, self-consistency and content sequencing.

What is it for?

The micro-learning format has been designed to:

- make the training process faster and more effective
- facilitate customisation through the breakdown of educational resources
- provide a realistic solution to current learning and work models, driven by the quick pace of events and continuous changes
- provide a customised response to different learning styles depending on the individual