

## LEARNING BY PLAYING

### In brief

People learn through play; it is an important tool for having fun, and accelerates training according to rules defined at the start and shared by the participants.

### What is it?

Play has always been a part of active training methods. The dynamics that develop during recreational activities are powerful learning accelerators: they generate sudden enlightenment and the playful atmosphere allows people to feel free from the constraints of reality and from everyday life.

The intranet is the ideal environment for light, enjoyable, short games which are useful for stimulating perceptive flexibility, communication and decision-making.

### What is it for?

- stimulating multiple intelligences
- encouraging pleasant, active, enjoyable training