

ROLE PLAYING

In brief

With this technique, participants interpret the roles they are assigned (or have chosen) and they interact according to a more or less defined script. A situation is created that stimulates interaction between the participants who, by interpreting roles that are different from their usual status, lower the barriers of distrust and become more available and open.

What is it?

Exercises, solution of cases, and role playing, with which participants approach, in a protected environment such as the classroom, real situations and relive behaviour, problems and conflicts in order to practice the ideal behaviour that is required.

What is it for?

- transforming theoretical knowledge into essential, practical skills
- making the material studied more practical, thus facilitating understanding of the context
- reducing initial levels of anxiety and improving the quality of work